

GOOD SHEPHERD QUARTERLY

WHAT'S IN THIS ISSUE:

Gratitude is Good

Knights Update

*Staff Spotlight: Maria
Jaminet*

Good Shepherd School Gala

and more...



GRATITUDE IS GOOD

By Rev. John Lijana

Christmas finally arrived! All the preparation has ended, and the stress and worry can now be released. It is too late for any more preparation; it is time to celebrate and enjoy the moments with family and friends. It is good to ponder the emotions that come with sharing our tokens of gratitude, or gifts, that we exchange with one another.

It is a good time to put away all our concerns and worldly distractions for a while and reconnect with family and friends. This may be a time your family meets to rekindle the energy that comes from being together, enjoying each other's company and catching up with everyone. It is good that all of society sets time aside like this.

Let us recall the source of this goodness; the creator of all who, without His love, we would not have this time. Let us take time to show God our gratitude.

God Reveals Who He is To Us

God has made humanity aware of their creator. God reveals himself to us, so we know who He is, the creator of all good, perfect in nature and mighty and generous of heart. We know He exists, we know what He has done, so now we can show Him our gratitude.

START EACH DAY WITH A GRATEFUL HEART

Gift Giving

We use gifts to show our gratitude to someone. We hope that our gift will symbolize to them how we feel and give them some enjoyment or make their lives a little easier. Everyone enjoys receiving gifts, and we give them to others because we know how it feels. We feel a need to show our gratitude. We want others to know that we are grateful to them for being a part of our lives.

We can express gratitude when we receive gifts as well. As kids, our excitement would grow as we tore off the wrapping paper, and catching a glimpse of what was inside, we felt the joy of holding in our hands what we desperately wanted for Christmas. One of my most memorable moments of this joy came when I was about eight years old. That was the Christmas I got the Marx Electro-shot shooting gallery. It was a plastic box with a bb gun on one end and an array of targets on the other. The plastic was clear so you could watch the bb's fly out of the gun barrel to the targets at the other end. I loved that thing. The idea of lying on the floor of my bedroom hurling metal balls at targets without getting into trouble was unbelievable to me.

As we grow older, the excitement over what is inside the gift box begins to wane, and we find satisfaction in the smile on the face of the one who gave us the gift. These smiles are usually accompanied by words of love and comfort. Our focus on what makes Christmas Christmas moves inward. Our perception of what is good is stretching towards something less corporeal and more spiritual.



God's Gifts Are All Around Us

As our perception of what is good strengthens, we see the good around us. A woman suffering from kidney disease is near death, until a stranger donates one of theirs to her. A young man is a gifted athlete, and he uses this gift to become an outstanding wide receiver and eventually he gets drafted in the first round of the NFL draft. One of the first things he does after he signs his contract is buy a house for his mom, who raised him on her own while working two jobs. We have heard about the child with birth defects who drove his parents to the end of their ropes trying to raise him then discover that he can play the piano without any training. News of the prodigy travels around the world. There also are countless accounts of miracle healings. Recently I read a story about a convent in Arizona who had a staircase built in their chapel by a man who arrived and disappeared mysteriously without payment.

We explain these as gifts from God. These gifts affect many people and hearing of them gives us hope for humanity. We have to remember Christmas is for humanity and not just for ourselves. A good, like the ones I just mentioned, help us remember that. We should thank someone for these goods, too. The one to receive our gratitude is God of course. God has revealed to us that He is the creator of all, we say as much at the end of the Eucharistic Prayer, "...through whom you bestow on the world all that is good." God has revealed this to us, we acknowledge this, and we thank Him for it. But, how? What would someone who is perfect want as a gift?

We can express our gratitude, or give thanks, by our obedience. This can be done at the altar, in the church, and in prayer. Deepen our personal relationship with Him through prayer and scripture. Sing the Gloria at Mass as if He was sitting in front of you. Approach the altar in the proper state to receive communion and if you are unable, approach the altar anyway and receive a blessing. Become a more active member at Good Shepherd.

**The best way to show my gratitude is to
accept everything, even my problems,
with joy.**

(St. Teresa of Calcutta)

Conclusion

God gives us the gift of life. This gift allows us to see, receive, and give good in the world. Whether we express our gratitude to God or not, goodness and the gifts continue in our lives. You may think that it is futile to thank a perfect being. What can we offer to God that would properly express our gratitude? Do not stop trying to thank Him. A day will come when we receive all that God can give us and we will be able to express our gratitude properly.



LOOKING FOR A GOOD LENTEN ACTIVITY?

START READING THE BIBLE REGULARLY!

By Dcn. Mike Lynch



When I was preparing a homily for Third Sunday in Ordinary Time, which is also “Sunday of the Word of God,” it occurred to me that starting an organized plan of reading the Bible would be good way to better understand both Sacred Scripture and our faith. It’s also a good activity for Lent, which starts with Ash Wednesday on February 14.

Our Catholic faith springs from what God has revealed to us in all of Sacred Scripture, both Old Testament—the story of God’s creation of the universe, man’s fall from grace, and God’s promise of a savior, and the New Testament—telling of the fulfilment of that promise in Jesus Christ and the early history of the church he founded.

But how familiar are we with the books of the Bible? Do you know how to understand and interpret writings going back thousands of years—writings that our Church believes and teaches are inspired by God?

If you were to read the Bible from beginning to end, a full understanding of what you’ve read probably requires good biblical commentaries and the use of a study Bible. Many parts of the Scriptures are difficult for us to fully grasp because they were written for ancient people and cultures that were very different from ours.

Catholic study Bibles are published by Ignatius Press, Catholic Scripture Study International, and the Midwest Theological Forum, among others. But read the description of a study bible before buying it! Some include in-depth scholarly introductions and commentaries that may be more than you care to dive into!

**Your word is a lamp for my feet,
a light for my path.**

Psalm 119:105

Reading the Bible in “small doses” may be the best way for many to appreciate what God is telling us through the Scriptures. One way to do that is to go to the U.S. Conference of Catholic Bishops website here <https://bible.usccb.org/> to read the biblical passages used at Mass every day. You can have the readings e-mailed to you daily if you go to the bottom of that linked page, fill in the spaces with your name and email address, and click on “Subscribe.”

Want reflections on the daily Mass readings, too? Go to Word on Fire Ministries, here <https://www.wordonfire.org/reflections/> to get Bishop Robert Barron’s reflections on the readings each day. At the bottom of that page, you can subscribe to those reflections by email, too.

Parishioners at Good Shepherd also have a way to read and study the Bible as a group and in-person on Tuesday mornings, 10 a.m. until Noon. Kathy Peters leads the Catholic Way Bible Study, which runs for 22 weeks, starting in September. The program includes a video teaching session on the reading for the week followed by a review of participants’ homework and an opportunity for discussion. (It really is a Bible study!)

Have you heard of “Bible in a year” programs? Searching for “Bible in a year” online will bring up plenty of programs and publications for completing a study of the Scriptures over a 365-day period. One Catholic program, presented by Ascension Press, includes a year of daily podcasts by Fr. Mike Schmitz, reading and reflecting on the Bible. (<https://media.ascensionpress.com/category/ascension-podcasts/bibleinayear/>)

However you approach it, the most important thing is to read the Bible, not simply hear it once a week at Mass. This Lent, let God speak to you through the Sacred Scriptures, and let him guide you through the inspiration and teachings of his Word.





JAMINET WEAVES FAITH INTO YOUTH ACTIVITIES

STAFF SPOTLIGHT

By Mike Stone

Maria Jaminet describes herself as a “rocking horse Catholic.” Neither from the cradle nor OCIA, she became a Catholic when she was eight. When speaking with her, it is difficult to imagine someone more devout. It also seems her exhibited faith and her education and service experiences make her a logical choice to serve as Good Shepherd’s youth minister.

She was born in Manchester, Connecticut, to Edwin and Frances Rodman on Aug. 2, 1970. Ed is a Frankfort native whose employment as an engineer took him to Connecticut. After he retired, when Maria was a freshman in college, the family relocated to Frankfort to help with Ed’s aging parents. Maria has two sisters, Kitty, who remained in Connecticut, and Wilda, who is deceased. Ed is a familiar face at Good Shepherd where he serves as a Eucharistic Minister. Frances passed way in 2013.

Maria exudes pride when she talks about her six daughters. Married for 28 years to Mike, a welder by trade, she describes her children: Bernadette, 27, “a tech wizard;” Veronica, 21, “an artist;” Theresa, 23, “also an artist;” Lily, 21, “an emergency medical tech and volunteer firefighter;” Eleanor, 18, “she loves to cook;” and Mercy, 14, “also an artist.” Eleanor is completing high school at home, and Mercy is a freshman at Western Hills. The four older girls are independent. “I love my kids,” Jaminet said. “They are so fun!”

Her fondest memories of growing up are getting a pony at age 11, cross country skiing with her dad, “getting out our Nativity set for Advent, and praying the Rosary with my parents.” She didn’t recall any significant challenges growing up, other than being a slow reader. “I really didn’t have any challenges,” she recalled. “I had an idyllic childhood.”

A graduate of Franciscan University with a bachelor’s degree in theology, her employment history is varied, but always was connected, at least in volunteer service, to her faith. She notes with pride she was a stay-at-home mom for 16 years, which included home schooling her daughters. She answered the telephone at a couple of small airports. She taught for a year at Corpus Christi Academy in Simpsonville. She was youth minister at St. Leo’s for a year. She worked at Sage’s Restaurant. Currently she is working at Permit America, which is a liaison between the trucking industry and permitting agencies. “My job is customer service, which is what I enjoy,” she explained.

Becoming youth minister at Good Shepherd almost seemed ordained. “Over the summer, before the job came open, I started percolating ideas for what I could do as a youth minister,” she recalled. “We went to the Stubenville (Ohio) Youth Conference with my daughters, and that got me to thinking. Then, lo and behold, the job came open.”



"I have an extreme desire to serve God. I have a love for youth. I want to be creative, coming up with ideas for things to do. I really want to lead kids to a deeper relationship with the blessed Trinity, and do what I can to set them on fire for their faith."

She plans to achieve this by weaving faith into a variety of activities, and she wants to incorporate the families in the activities, too. The Middle School Youth Nights include an icebreaker and recreational activities. "Whatever the kids want to do," she said. For the high school group, she may have similar activities, "but hopefully some more discussion based on things important to them; what their challenges are; how can we use faith to meet challenges. I'd like to incorporate praise and worship music. Hopefully start a group. I don't want to call it a band." Both groups will work on community projects, such as helping with St. Vincent de Paul. She is thinking of canoe trips and ski trips. "Those usually are good ways to get the family involved."

She plans to increase coordination with Good Shepherd Catholic School. "The school has been excellent about getting information to pass on and support. I hope in the future to take lunch from my other job to have lunch with students. I'd also like to go to aftercare with them." She is involved with faith formation by teaching the confirmation class.

She can foresee building the church, meaning the people, not the building, through youth activities. "Definitely, with enthusiasm and participation," she said. "I'm not about the numbers right now. Just building relationships." She cited the monthly Supper with the Saints program. It's a family activity and is held after the Wednesday mass. "Come to mass. Stay and have a free dinner," she said.

"We really need prayers. We need people to pray for our youth." She noted the bulletin board in the gathering area of the church where members of the parish can post notes for the youth. Jaminet calls them spiritual bouquets. "I'd love to see a garden full of flowers to show our parish's support for our youth. Prayer is the big thing."

Prayers and faith show in her recitation of her heroes. Jan Tyranowski was the youth minister for Pope John Paul II. She added Pope John Paul II and Mother Theresa of Calcutta. Then concluded by naming Good Shepherd parishioner and former Good Shepherd teacher Regina Cole and her own parents.

It came then as no surprise when she said she would wish to spend a day with Pope John Paul II. "He just embodied so many things that I think are so important. I want everyone to know how much God loves them."

SUNDAY SCHOOL STEWARDSHIP

By Cricket Hater, Dir. of Stewardship



As I was recently thinking about the word Stewardship, I immediately thought back to my time as a young girl in Sunday School. I remember taking my nickels and dimes to church, placing them in a basket or little cardboard box or some other kind of childlike receptacle. We sometimes did campaigns where if our team raised the most, the teacher would do something silly or we got a prize of some kind. I know now that the leaders were trying to impart the rewards of generosity by teaching us about giving and receiving even more in return.

Also, I believe these lessons taught us about saving, planning, discipline, selflessness, compassion, love for others and more. I also learned that it isn't always about money, but good stewardship of our whole life, our whole selves that is pleasing to God. I seem to remember learning a little phrase about being a good steward involving giving of your time, your talent, your gifts and your service. There are several iterations of this lesson, the 3 Pillars of Stewardship - time, talent, treasure; some have many more Pillars; the definition of stewardship being "the conducting, supervising, or managing of something" (www.merriam-webster.com)

I remember contemplating those ideals as a young girl and asking myself how I could honor God and give Him my time, my talent, my gifts and my service. I knew I could attend church and spend time in prayer and reading the Bible as a way to give my time. I loved to sing (still do) and always felt like it was my talent, so I could sing for Him (still do). As a girl, I didn't have much money to give but I could give it when it was possible and it is still something I try to do as an adult. I realized that helping others in all kinds of ways makes being a good steward of our service possible and something we can do for a lifetime.

These lessons in stewardship were taught to me as a young girl but are still relevant to me today. Even though my job title has Stewardship in the name, that's not to say I always get it right. I am a work in progress just like everyone else. But I do know God has a lot to say about giving.

One of the earliest Bible verses I learned about stewardship and giving comes from Ecclesiastes 11:1. It says: "Cast your bread upon the waters,
For you will find it after many days." I have often recalled this verse when I am struggling with letting go of a treasure I am hesitant to give. God reminds me through this verse that if I only trust Him and let it go, He has so much more in store for me ahead.



I believe practicing stewardship is an act of faith. If we trust and obey God with our little portion of time, talent, gifts or service, He will bless us more than we can even imagine. He just asks us to trust Him with it and He will do the rest. I look forward to exploring more of this idea in the months ahead.



LENTEN FISH FRIES ARE ON THE HORIZON

Knights Roundup *By Mike Stone*

It's Coming! Six Fridays of heavenly fish begin on February 16. Frankfort Knights of Columbus Council 1483 invites all parishioners and the Frankfort community to join us in the Parish Life Center — or drive through and pick up — your Lenten fish dinner. The Knights are working to ensure the service and quality expected will be delivered. Mark your calendars and make plans to join the Knights on the six Fridays of Lent. The proceeds from the annual fish fries are used by the Knights to support many parish and community activities.

On December 17, the Knights presented Pancakes with Santa in the Parish Life Center following the 9:30 a.m. mass. Approximately 75 people including several children who visited Santa, received a small gift, and enjoyed Christmas-themed pancakes. A photo of each child with Santa was available at no cost. Pancakes with Santa was Council 1483's Christmas gift to the parish.

The Star Over Frankfort shone brightly from mid-November through January from the bluff at Frankfort Cemetery. It symbolizes the shining of Christ's light over the community throughout Advent and the Christmas season.

At the November meeting, the Knights voted to donate any leftover frozen food from the 2023 fish fries to the Access Men's Shelter. Earlier, the Knights donated \$500 to the Access Men's Shelter for the purchase of kitchen equipment.

Council 1483 is continuing its recognition of Good Shepherd Family of the Month and Knight of the Month. Membership in the Council is not required to be named Family of the Month. There was no meeting in December, and the deadline for this issue of the Good Shepherd Quarterly occurred prior to the January Knights meeting. Former Grand Knight and fish fry fixture Jimmy Johnson was named Knight of the Month for November. The family of Dcn. Reid Myers was named Family of the Month. Deacon Myers serves in prison ministry and is Frankfort Council 1483 Faith Program Director. Jason Myers is a frequent alter server and volunteers at many activities.

It is with great sadness that the Knights mourn the loss of two stalwart members: Brother Larry Campassi and Brother John Gantley. Both bravely battled their illness before going with God. The entirety of Council 1483 prays for their souls and the comfort of their families.

The four pillars of the Knights are charity, unity, fraternity and patriotism. Frankfort's Knights are fulfilling the challenges of giving time, talent, and treasure to support the church and the community. The Council welcomes all Catholic gentlemen to be members. Contact any Knight for information or to join, or check out the brochure in the ministry display in the church gathering area. If you are not a Knight, please consider joining.

Good Shepherd School Gala

AN IRISH HOMECOMING

On Saturday, March 9, 2024, Good Shepherd Catholic School will step into its 20th annual Gala, marking a significant milestone in the school's commitment to raising funds for its mission and the children it serves. This year's Gala, themed "An Irish Homecoming", takes on special significance as it coincides with the celebration of the school's 175th anniversary. The event not only signifies a return to an in-person gala since 2020 but also a homecoming to the historic roots of Good Shepherd Catholic Parish.

Historic Venue and Homecoming Theme:

In a nod to the rich history that has made Good Shepherd a cornerstone of the Frankfort community for generations, this year's Gala will be hosted at The Elizabeth. The former home of Good Shepherd Catholic Church and School, The Elizabeth stands as a historic downtown landmark, providing the perfect backdrop for a celebration of the school's 175 years of community legacy. Adorned in traditional green and gold, the venue will take on the Spirit of the Irish for 20 years of galas past while stepping into a new decade of hope and excitement.

Evening events and agenda:

The evening will commence with a tour of the former school building, allowing attendees to relive cherished memories and witness the transformations that have taken place over the years. This nostalgic journey sets the stage for an Irish-themed dinner, music, auction, raffles, and other presentations in the adjacent event space—a perfect blend of tradition and festivity. Our annual silent auction, live auction and raffle opportunities promise to offer impressive items and experiences for those interested in supporting Good Shepherd School and procuring something interesting.

Dinner is being catered by venue owner and local entrepreneur Beth Carter. Beth is not just a local talent; she is an internationally trained chef and the proud owner of three downtown businesses—B's Bakery, Fork, Knife and Spoon Catering, and The Elizabeth. Her culinary journey includes studies at the International Culinary Arts and Sciences Institute in Cleveland and fine dining experiences in Tuscany, Italy. Beth's impressive resume includes catering for Le Mans Racing, Taylor Swift's "1989" album tour, and serving as the set caterer for Food Network's "The Pioneer Woman." The gala attendees are in for a treat, as Beth brings her expertise and passion for food to create an unforgettable dining experience.

bidpal.net/gssgala24

Purpose and mission:

The annual Gala serves as the primary fundraiser for Good Shepherd Catholic School, supporting its mission to provide a Christ-centered education that nurtures the whole child. With a fundraising goal of \$50,000 for this year's Gala, the organizers anticipate the participation of 220 guests, underscoring the strong community support sustaining the school for nearly two centuries.

Innovations for Inclusivity:

Recognizing the changing landscape of events, Good Shepherd School will continue to embrace online bidding for its silent auction. This innovative approach allows a broader audience to participate, expanding the reach of the event and encouraging greater community involvement. By incorporating technology, the school aims to make the Gala accessible to a wider audience while maintaining the spirit of togetherness.

We hope you will join us!

Good Shepherd Church's first in-person gala post-pandemic promises to be a memorable and meaningful event. With a Homecoming theme, Irish festivities, school tours, and the culinary expertise of our chef, attendees can look forward to reconnecting with their roots, celebrating the church's rich history, and embracing the vibrant future that lies ahead for the Good Shepherd community.



***By Cricket Hater,
Dir. of Stewardship***

Tickets on Sale Now!

bidpal.net/gssgala24

A BIG THANK YOU!

IS DUE TO GOOD SHEPHERD PARISHIONERS FROM THE FINANCE COUNCIL

A year ago, with offertory contributions well below projections, the Finance Council issued warnings that church finances were in trouble, that the budget might fall short, and budget cuts might be necessary. Although the contributions never caught up to estimated totals, they were enough to balance the budget with judicious expense management.

The current budget was drafted conservatively with a lower projection of offertory contribution. Now, the Finance Committee is pleased to report that through the first six months of the fiscal year the parish income is slightly above projections. It's not a time to throw a party, but it is time to express sincere thanks to all the parishioners who have recognized the financial need to keep the parish ministries functional.

The Finance Council also expresses great thanks to Good Shepherd School Principal Kelly Rowe, the Good Shepherd School Council, the Good Shepherd faculty and staff, and the Good Shepherd School parents. Enrollment among preschool through eighth grade exceeded 200 for the first time in many years. This success helps the parish budget by providing flexibility to the parish's school subsidy.

In short, Good Shepherd is growing the faith in many ways of service.

It is noteworthy that Good Shepherd has met its number of parishioners who are contributing to the Annual Diocesan Appeal. This achievement provides a financial benefit for Good Shepherd, and it is possible Good Shepherd will meet its financial contribution goal, as well. This, too, will result in the parish receiving a financial benefit from the Diocese.

As you heard from Fr. John's announcements at mass, plans are being formulated for an effort to retire the parish's debt. It is the Finance Committee's hope that this coming effort will be a successful, final campaign to pay off the debt and allow Good Shepherd to move confidently into the future with full and possible expanded parish ministries.

All parishioners, including streamers and all registered members, are asked to consider the impact of a capital campaign and the value retiring the debt will bring to the Parish. Good Shepherd has its bricks and mortar. With debt retirement, the Parish can move forward in fulfilling its vision as a multicultural faith community whose mission is to live the teachings of Jesus Christ: Love God, Love Neighbor, and Make Disciples.

Good Shepherd is blessed with parishioners' time, talent, and treasure. The Finance Council asks for your prayers in planning the final capital campaign that honors and appreciates our parishioners' time, talent, and treasure as we serve the Good Shepherd community.

By Mike Stone

RESPECT LIFE

By Mary Ortwein & Dcn. Mike Lynch

Perhaps you thought that all we had to do was roll back Roe v Wade, and questions about the value of every human life would be put to rest.

Not so. Nonetheless, when the Supreme Court overturned the 1973 court decision in 2022, it put life matters in a whole new context. Good Shepherd's Respect Life committee is working to "read the signs of the times" and then respond to the needs for prayer, education, advocacy, collaboration, and service to respect and protect all human life from conception to natural death in the culture and cries of 2024. This article details our current efforts and emerging plans.

Legal status of abortion in Kentucky

Kentucky law currently prohibits abortions except to prevent the risk of permanent injury or death to a pregnant woman. In June of 2022, the U.S. Supreme Court, in the case of Dobbs vs. Jackson Women's Health Organization, overturned the 1973 Roe vs. Wade ruling that there is a right to abortion in the U.S. and returned the determination of the legal status of abortion to each of the states.

Kentucky and other states had what was known as a "trigger" law on the books that would go into effect if Roe vs. Wade was overturned. That law took effect and has survived court challenges to this point.

An effort in November 2022 to add language to the Kentucky Constitution stating that "To protect human life, nothing in this Constitution shall be construed to secure or protect a right to abortion or require the funding of abortion" was rejected by the majority of voters.

Because abortion remains legal in other states, and threats to life, such as legal assisted suicide, are becoming more common, the effort to promote respect for life continues.

Prayers for Life

The Respect Life Committee determined late in 2022 to first pray seriously for God's guidance and help.

During the recent Christmas Season, we promoted a respect for life prayer campaign from the Feast of the Holy Innocents through the Feast of the Epiphany of Our Lord. Each day, a prayer sheet was provided to participating parishioners. The focus of prayer included the unborn and their parents, as well as people whose lives are threatened by war, poverty, euthanasia, and other threats.

Other parishioners among our own and nearby parish Hispanic communities spent an hour a day praying for efforts to maintain respect for all human life during our 11 day prayer campaign.

Parishioners are also encouraged to participate in novenas and prayer vigils for life. The National Prayer Vigil for Life is held each year on the evening before the annual March for Life in Washington DC. The vigil is livestreamed for those who cannot attend; this year it was available through the Eternal Word Television Network (EWTN).

Anyone can sign up to receive daily prayers during the annual “9 Days for Life” novena, sponsored by the U.S. Conference of Catholic Bishops, here: <https://www.respectlife.org/9-days-signup>. It was held Jan. 16-24 this year.

Other prayers for life are always available at the USCCB web site, including a Prayer for Life, <https://www.usccb.org/prayers/prayer-life> and Pro-Life Rosary Intentions, <https://www.usccb.org/prayers/pro-life-rosary-prayer-intentions>.

Walking with Moms

Our biggest effort of 2024 will be “Walking with Moms.” This will be our local effort to join the USCCB Respect Life Office and the Lexington Diocese Peace and Justice Office to provide “whatever is needed” support for mothers, fathers, and children when there are difficulties around a pregnancy or caring for children.

Jeanne Baldwin is coordinating Good Shepherd’s Walking with Moms. We will not be Walking with Moms alone. Jeanne is working with Frankfort’s Avenues for Women and other churches, especially Capital City Christian Church, to create a network of ongoing support for children (unborn or born) and their parents. Plans are being finalized for after-mass informational discussions of Walking with Moms the weekend of February 24-25. There will be a variety of opportunities to help—from contributing a box of diapers to having a baby shower to mentoring young moms to.....whatever we find is needed.

Jeanne is excited at the prospects: “This is a way to move beyond the first step of the Respect Life Ladder to provide the supports needed to help mothers. This is a way to be FOR each child and WITH each mother as we provide practical material, spiritual, and emotional support.”

Precious Lord, Take My Hand Workshop

In past years, Good Shepherd has hosted “Precious Lord, Take My Hand” one-day workshops to help parishioners and their families prepare to face end of life decisions holding God’s hand—that is, with an understanding of Church teaching about things like Living Wills, medical power of attorney, working with hospice, and other end of life matters.

Since our last Precious Lord workshop, the Congregation for the Doctrine of the Faith in Rome has published a new, readable document, Samaritanus Bonus. It summarizes previous Church teaching on end-of-life decision-making and adds important new information on how and why knowing and following church teaching at end-of-life is preferable to get-it-over-quick “medical aid in dying” (aka assisted suicide) strategies.

Respect Life hopes to have an updated Precious Lord workshop in the fall.

The Respect Life committee is an active committee that meets on zoom. The next meeting is set for February 6 at 7 pm. Contact Mary Ortwein at mary@skillswork.org if you would like to be added to the Respect Life list to receive information about legislation, diocesan and national efforts, as well as our parish activities.

February 2024 Good Shepherd Catholic Church

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Catholic Schools Week 8:15 Mass 6:00p OCIA	2 Catholic Schools Week 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass 12:30p Adoration of the Blessed Sacrament	3 Catholic Schools Week Anointing of the Sick St. Vincent de Paul Collection 3:00p Confessions 4:00p Mass 5:15p Singing Praise Prayer Group
4 Anointing of the Sick St. Vincent de Paul Collection Masses Donut Sunday 10:30 OCIA 10:45 Confirmation Prep	5 4:40p Blue Army/Rosary 5:30p Word & Communion 6:00p Faith Formation at Stewart Home School	6 8:15 Mass 10:00 Bible Study 6:00p Liturgy Committee 7:00p Respect Life Mtg. (Zoom)	7 5:30p Mass 6:00p Choir Practice 6:15p Confessions 6:30p REP Classes	8 8:15 Mass 6:00p OCIA 7:00p Hispanic Committee Mtg.	9 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass 7:00p Hispanic Committee Mtg.	10 11:00 Lunch Ministry at Kings Daughters Apartments 3:00p Confessions 4:00p Mass 5:15p Singing Praise Prayer Group
11 Masses 10:30 OCIA 4:00p Youth Life (Middle Sch.) 6:00p Youth Life (High School)	12 4:40p Blue Army/Rosary 5:30p Word & Communion 5:30p Boy Scouts Mtg. 6:00p Faith Formation at Stewart Home School	13 8:15 Mass 10:00 Bible Study 6:30p School Council	14 Ash Wednesday 8:15 Mass 5:30p Mass 6:30p Choir Practice 6:30p Confessions	15 8:15 Mass 9:30 Finance Council 6:00p OCIA	16 Fish Fry 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass	17 11:00 Lunch Ministry at Kings Daughters Apartments 3:00p Confessions 4:00p Mass 5:15p Singing Praise Prayer Group
18 Masses 10:30 OCIA 10:45 Confirmation Prep	19 Parish Office Closed 4:40p Blue Army/Rosary 5:30p Word & Communion 6:00p Faith Formation at Stewart Home School 6:00p Blue Army Meeting & Meal	20 8:15 Mass 10:00 Bible Study 6:00p St. Vincent de Paul Meeting	21 5:30p Mass 6:00p Choir Practice 6:15p Confessions 6:30p REP Classes	22 8:15 Mass 6:00p OCIA	23 Fish Fry 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass	24 11:00 Lunch Ministry at Kings Daughters Apartments 3:00p Confessions 4:00p Mass 5:15p Singing Praise Prayer Group 6:30p Trivia Night
25 Masses 10:30 OCIA	26 4:40p Blue Army/Rosary 5:30p Word & Communion 6:00p Knights of Columbus 6:00p Faith Formation at Stewart Home School 6:00p Adoration of the Blessed Sacrament	27 8:15 Mass 10:00 Bible Study 6:00p Parish Pastoral Council Meeting	28 Supper with the Saints 5:30p Mass 6:00p Choir Practice 6:15p Confessions 6:30p REP Classes	29 8:15 Mass 6:00p OCIA		

Events and details subject to change.

Be sure to check our website calendar for up-to-date info.

March 2024 Good Shepherd Catholic Church

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Fish Fry 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass 12:30p Adoration of the Blessed Sacrament	2 Youth Ski Trip St. Vincent de Paul Collection 3:00p Confessions 4:00p Mass 5:15p Singing Praise Prayer Group
3 St. Vincent de Paul Collection Masses Donut Sunday 10:30 OCIA 10:45 Confirmation Prep	4 4:40p Blue Army/Rosary 5:30p Word & Communion 6:00p Faith Formation at Stewart Home School	5 8:15 Mass 10:00 Bible Study 6:00p Liturgy Committee	6 5:30p Mass 6:00p Choir Practice 6:15p Confessions 6:30p REP Classes	7 8:15 Mass 6:00p OCIA	8 Fish Fry 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass 7:00p Hispanic Committee Mtg.	9 Good Shepherd School Gala 11:00 Lunch Ministry at Kings Daughters Apartments 3:00p Confessions 4:00p Mass +1 more...
10 Masses 10:30 OCIA 4:00p Youth Life (Middle Sch.) 6:00p Youth Life (High School)	11 4:40p Blue Army/Rosary 5:30p Word & Communion 5:30p Boy Scouts Mtg. 6:00p Faith Formation at Stewart Home School	12 8:15 Mass 10:00 Bible Study 6:30p School Council	13 5:30p Mass 6:00p Choir Practice 6:15p Confessions 6:30p REP Classes	14 8:15 Mass 6:00p OCIA 7:00p Hispanic Committee Mtg.	15 Fish Fry 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass	16 11:00 Lunch Ministry at Kings Daughters Apartments 3:00p Confessions 4:00p Mass 5:15p Singing Praise Prayer Group
17 Masses 10:30 OCIA 10:45 Confirmation Prep	18 4:40p Blue Army/Rosary 5:30p Word & Communion 6:00p Faith Formation at Stewart Home School 6:00p Blue Army Meeting & Meal	19 8:15 Mass 10:00 Bible Study 6:00p St. Vincent de Paul Meeting	20 5:30p Mass 6:00p Choir Practice 6:15p Confessions 6:30p REP Classes	21 8:15 Mass 9:30 Finance Council 6:00p OCIA 7:00p Respect Life Mtg. (Zoom)	22 Fish Fry 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass	23 11:00 Lunch Ministry at Kings Daughters Apartments 3:00p Confessions 4:00p Mass 5:15p Singing Praise Prayer Group
24 Palm Sunday Masses 10:30 OCIA	25 4:40p Blue Army/Rosary 5:30p Word & Communion 6:00p Knights of Columbus 6:00p Faith Formation at Stewart Home School +1 more...	26 8:15 Mass 10:00 Bible Study 6:00p Parish Pastoral Council Meeting	27 5:30p Mass 6:00p Choir Practice 6:15p Confessions	28 Holy Thursday Parish Office Closed	29 Good Friday Parish Office Closed	30 Easter Vigil Mass
31 Easter Masses						

*Events and details subject to change.
Be sure to check our website calendar for up-to-date info.*

April 2024 Good Shepherd Catholic Church

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Parish Office Closed GSS Spring Break 4:40p Blue Army/Rosary 5:30p Word & Communion 6:00p Faith Formation at Stewart Home School	2 GSS Spring Break 8:15 Mass 10:00 Bible Study 6:00p Liturgy Committee	3 GSS Spring Break 5:30p Mass 6:00p Choir Practice 6:15p Confessions 6:30p REP Classes	4 GSS Spring Break 8:15 Mass	5 GSS Spring Break 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass 12:30p Adoration of the Blessed Sacrament	6 St. Vincent de Paul Collection 3:00p Confessions 4:00p Mass 5:15p Singing Praise Prayer Group
7 St. Vincent de Paul Collection Masses Donut Sunday 10:45 Confirmation Prep	8 4:40p Blue Army/Rosary 5:30p Word & Communion 5:30p Boy Scouts Mtg. 6:00p Faith Formation at Stewart Home School	9 8:15 Mass 10:00 Bible Study 6:30p School Council	10 5:30p Mass 6:00p Choir Practice 6:15p Confessions 6:30p REP Classes	11 8:15 Mass 7:00p Hispanic Committee Mtg.	12 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass 7:00p Hispanic Committee Mtg.	13 Confirmation Retreat 11:00 Lunch Ministry at Kings Daughters Apartments 3:00p Confessions 4:00p Confirmation 4:00p Mass 5:15p Singing Praise Prayer Group
14 Masses 4:00p Youth Life (Middle Sch.) 6:00p Youth Life (High School)	15 4:40p Blue Army/Rosary 5:30p Word & Communion 6:00p Faith Formation at Stewart Home School 6:00p Blue Army Meeting & Meal	16 8:15 Mass 10:00 Bible Study 6:00p St. Vincent de Paul Meeting	17 5:30p Mass 6:00p Choir Practice 6:15p Confessions 6:30p REP Classes	18 8:15 Mass 9:30 Finance Council 7:00p Respect Life Mtg. (Zoom)	19 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass	20 11:00 Lunch Ministry at Kings Daughters Apartments 3:00p Confessions 4:00p Mass 5:15p Singing Praise Prayer Group
21 Masses Pancake Sunday	22 4:40p Blue Army/Rosary 5:30p Word & Communion 6:00p Knights of Columbus 6:00p Faith Formation at Stewart Home School	23 8:15 Mass 10:00 Bible Study	24 5:30p Mass 6:00p Choir Practice 6:15p Confessions 6:30p REP Classes	25 8:15 Mass	26 11:00 Patriotic Rosary 11:00 Confessions 12:00p Mass	27 First Communion Retreat 11:00 Lunch Ministry at Kings Daughters Apartments 3:00p Confessions 4:00p First Communion 4:00p Mass 5:15p Singing Praise Prayer Group
28 Masses	29 4:40p Blue Army/Rosary 5:30p Word & Communion 6:00p Faith Formation at Stewart Home School 6:00p Adoration of the Blessed Sacrament	30 8:15 Mass 10:00 Bible Study 6:00p Parish Pastoral Council Meeting				

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The Good Shepherd Quarterly is published in January, April, July, and October by Good Shepherd Parish, Frankfort, KY, to further the spirit of unity among the Good Shepherd community. Contributions and suggestions are welcome. Please e-mail Stephanie Sims, editor, (ssims@gssfrankfort.org). Staff writers are Dcn. Mike Lynch and parishioner, Mike Stone.